

Behavioral Health Board – Region 3

Serving Adams, Canyon, Gem, Owyhee, Payette and Washington Counties

Region 3 Behavioral Health Board Children's Mental Health Subcommittee Meeting Minutes

Wednesday, September 22, 2021 12:30 – 1:30

Attendees:

Greg Dickerson	Joy Husmann	Vito Kelso	Melissa Mezo	Tara Woodward
Tricia Ellinger	Brennan Serrano	Darren Bushee	Camryn Conrad- Renteria	Emily Straubhar

Agenda:

Topic	Discussion	Motion	Action
Call Meeting to Order	Meeting called to order at 12:33.		
Review and Approve August CMH Meeting Minutes	Attendees reviewed August CMH meeting minutes.	Motion made, and seconded, to approve minutes. Motion carried unanimously.	Emily to upload minutes to BHB website.
Strategic Plan Review and Finalization for Survey	CMH subcommittee members reviewed the preliminary strategic plan PPT results. Goal 1 from Strategic Plan Survey: Crisis Assistance Housing continues to be a concern in the region. Vito Kelso and Caroline Bell attend the Housing and Finance Planning Council and will provide monthly updates to the BHB. There is also a shortage of clinicians and young adults entering the behavioral/ mental health workforce. CMH members brainstormed ideas to retain and engage youth. Possible ideas include work shadow or training youth in Mental Health First Aid so that they can experience the field.		

- In addition to a limited number of providers, clinicians are also leaving the public sector and creating their own private practices. Medicaid reimbursement isn't able to pay out as much as a clinician would make in the private sector. Regional college enrollment is also down in nursing and social work, which is adding to the clinician shortage. There is also the need for bilingual providers. CMH members discussed targeting the above efforts in local high schools. One way to engage in the behavioral health field is by encouraging schools to participate in YMHFA training.
- CMH members discussed the benefit of creating a survey to deploy to agencies throughout R3 to assess their satisfaction with the work they are doing and what they see as barriers in the behavioral and mental health field.

Goal 2 from Strategic Plan Survey: Crisis Assistance

• Vito shared that law enforcement agencies desperately need CIT training. Tricia also shared that more education and training needs to be done on creating a crisis and safety plan so that individuals in crisis don't have to seek high-cost care or rely on law enforcement. DHW, YES, and Optum have safety plans available and the CMH would like to share them with more community agencies, schools, and law enforcement and encourage training. Childcare is also a much-needed service for adults who are seeking crisis services. SWDH is working with WIDCCC to create a plan to an avenue to offer daycare to individuals that using the Crisis Center.

Goal 3: Prevention, Enrichment, and Resiliency for All

 CMH members discussed that there are a lot of trainings taking place within the schools and that they wish to support all of the efforts – examples include Sources of Strength and YMHFA. Tara shared that she is reaching out to schools to see what evidence-based curriculums they offer to youth. Another list that the group would like to compile is which Emily will reach out to contact with ILP to get list about which schools in region 3 have trainings/ would like trainings.

Emily to send invite to BHB with details about the R3 Suicide Prevention Coalition.

	trainings law enforcement has completed and which trainings they are needing or interested in.	
Adjourn	Meeting adjourned at 1:38 pm.	